

Upcycled Shirt Dress

Supplies:

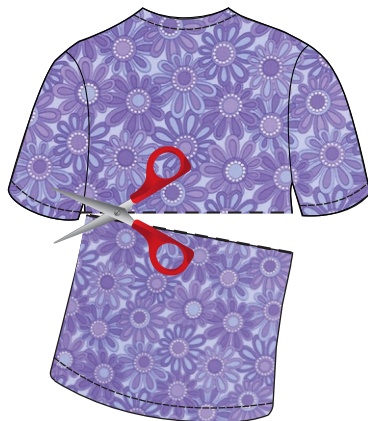
Child Size Undershirt,
Camisole or Tee Shirt
Adult Size Tee Shirt
Sewing Machine
Fabric Scissors



1

Cut off the bottom of the adult shirt. Set aside the top for later.

The length of the child shirt can be cut if you prefer a natural waist. Leave as is for a long waisted dress.



2

Sew a running stitch 1/2" from the top edge of the tee shirt bottom.



3

Pull thread to gather. Turn inside out.



4

Pin the child size shirt up inside the gathered skirt. Matching seams and adjusting gathers. Sew. Trim seam. Finish with a zigzag stitch or serge.



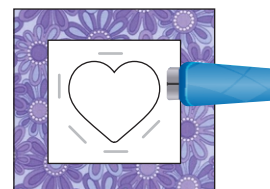
5

Turn right side out. Press seam.



6

Print the heart pattern. Trim excess paper. Staple all around the heart to a piece cut from the top of the adult shirt. Cut heart out.



7

Pin and stitch the heart to the bodice of the dress.

